

BACHLOR OF ARTS PSYCHOLOGY

PSYCHOLOGY

(Credit wise Structure of the Course)

The Purpose of this course is to give students theoretical as well as practical knowledge of Psychology, to prepare them for graduate level competitive exams etc.

The course is divided into **06 semesters**. The Credits are divided as follows:-

Semester I (Max hour: 45 per paper)

PSYB-101	Basic Psychological Process	02 credits
PSYB-102	Human Development	02 credits
PSYB-103	Practical	02 credits
Total		06 credits

Semester II (Max hour: 45 per paper)

PSYB-201	Fundamental Psychology	02 credits
PSYB-202	Life Span Developmental Psychology	02 credits
PSYB-203	Practical	02 credits
Total		06 credits

Semester III (Max hour: 45per paper)

PSYB301	Social Psychology	02 credits
PSYB302	Fundamental Statistics	02 credits
PSYB-303	Practical	02 credits
Total		06 credits

Semester IV (Max hour: 45 per paper)

PSYB401	Social Behaviour	02 credits
PSYB402	Statistics in Psychology	02 credits
PSYB403	Practical	02 credits
Total		06 credits

Semester V (Max hour: 45 per paper)

PSYB501	Abnormal Behaviour	03 credits
PSYB502	Psychological Measurement	03 credits
PSYB503	Health Psychology	03 credits
PSYB504	Practical	03 credits
Total		12 credits

Semester VI (Max hour: 45 per paper)

PSYB-601	Abnormal Psychology	03 credits
PSYB-602	Measurement and Testing	03 credits
PSYB-603	Psychological Management of Health	03 credits
PSYB-604	Practical	03 credits
Total		12 credits

BA Total : 48 credits

Evaluation Process

Note: Students offering psychology must obtain 33% marks both in theory and practical separately to be declared successful.

Theory Exam (Per paper 70 marks in each semester)

Question Pattern:

Objective Type	-	5 Questions	(5 × 2 = 10 marks)
Short Answer Type	-	4 Questions	(4 × 05 = 20 marks)
Long Answer Type	-	2 Questions	(2 × 20 = 40 marks)

Practical Exam (Total 60 marks in each semester)

		Marks_Division for Sem. I, II, III, IV, V & VI					
		Sem. I	Sem. II	Sem.III	Sem.IV	SemV	SemVI
Record book	=	20	20	20	20	25	25
Practical performance	=	15	15	15	15	30	30
Viva-voca	=	20	20	20	20	30	30
Behaviour & Attendance	=	05	05	05	05	05	05

Total	=	60	60	60	60	90	90
Theory (in BA-I,II,III&IVth sem.)-				Paper I		= 70marks	
				Paper II		= 70marks	
Practical (in BA-I,II,III&IVth sem.)-				Paper III		= 60marks	
Theory (in BA-Vth&VIth sem.)-				Paper I		= 70marks	
				Paper II		= 70marks	
				Paper III		= 70marks	
Practical (in BA-Vth &VIth sem.)-				Paper IV		= 90marks	

Total (theory+practical) in BA=1400marks

NOTE- In VI th Semester students may choose Field Study in lieu of practical carry equal marks.

**JAGADGURU RAMBHADRACHARYA HANDICAPED
UNIVERSITY, CHITRAKOOT (U.P.) - 210204**

Department of Psychology

Syllabus

For

B.A. Part I

(2016 ONWARDS)

SEMESTER I

<u>Code</u>	<u>Papers</u>	<u>Marks</u>
PSYB-101	Basic psychological process	70
PSYB-102	Human Development	70
PSYB-103	Practical	60
	Total	200

SEMESTER II

		Theory
PSYB-201	Fundamental Psychology	70
PSYB-202	Life-Span Developmental Psychology	70
PSYB-203	Practical	60
	Total	200

Note: Students offering psychology must obtain 33% marks both in theory and practical separately to be declared successful,

Question Pattern:

Time Limit - 2¹/₂ hours

Objective Type	-	5 Questions	(5 × 2 = 10 marks)
Short Answer Type	-	4 Questions	(4 × 05 = 20 marks)
Long Answer Type	-	2 Questions	(2 × 20 = 40 marks)

B.A. Semester-I
Paper-I
PSYB-101
(2016 ONWARDS)
BASIC PSYCHOLOGICAL PROCESSES

1. **Introduction:-**
 - [A] Nature, definition and scope of psychology
 - [B] Methods of psychology:
 - a) Experimental method
 - b) Observation method
 - c) Introspection method
2. **Physiological bases of behaviour:-**
 - [A] Neuron: Types, Structure and Function
 - [B] The Brain: Fore brain –
 - a) Thalamus,
 - b) Hypothalamus,
 - c) Limbic System,
 - d) Cerebrum – lobes
3. **Sensation, Perception & Attention:-**
 - [A] Sensory system:
 - a) Types and characteristic of sensation
 - b) Visual sensation (Structure and function of Eye)
 - c) Auditory sensation (Structure and function of Ear)
 - [B] Perception:
 - a) Nature and characteristics
 - b) Approaches of perception – Information processing approach, Gestalt approaches: figure-background perception, principles of perceptual organization
 - [C] Attention- Nature, Types, Distraction
4. **Learning:-**
 - [A] Meaning, nature, Thorndike's Laws of learning
 - [B] Conditioning:
 - a) Classical conditioning and its phenomenon – generalization, discrimination, higher-order conditioning, and extinction & spontaneous recovery
 - b) Instrumental/operant conditioning
 - c) Differences between Pavlovian or classical and instrumental conditioning
5. **Motivation:-**
 - [A] Meaning,
 - [B] Basic motivational concepts – need, drive, and incentive
 - [B] Physiological and acquired motives

Books:

- | | | |
|--|---|-----------------------------------|
| 1. आधुनिक प्रायोगिक मनोविज्ञान | – | डॉ. लालवचन त्रिपाठी |
| 2. आधुनिक सामान्य मनोविज्ञान | – | अरुण कुमार सिंह व आषीशकुमार सिंह |
| 3. Introduction to Psychology | – | Morgan, King, Wistz, and Schopler |
| 4. An Invitation to Psychology | – | E. G. Parameswaran and C. Beena |
| 5. आधुनिक सामान्य मनोविज्ञान | – | डॉ. आर. एन. सिंह |
| 6. सामान्य मनोविज्ञान | – | सिन्हा व मिश्रा |
| 7. संज्ञानात्मक मनोविज्ञान | – | श्रीवास्तव, व रामजी |
| 8. Advanced theory of cognitive learning - | | R. S. Yadav |

B.A. Semester-I
Paper-II
PSYB-102
(2016 ONWARDS)
HUMAN DEVELOPMENT

SEMESTER – I

1. Introduction:-

- [A] Meaning and Principles of human development
- [B] Methods of studying development
 - a) Case history
 - b) Method of individual diagnosis
 - c) Longitudinal and cross-sectional

2. Foundation of Human Development:-

- [A] Factors influencing Development
- [B] Heredity and environment
 - a) Meaning and Laws of heredity
 - b) Meaning of environment
 - c) Role of heredity and environment in development

3. Physical and Motor Development:-

- [A] Physical development –
 - a) Process of physical development –Prenatal, infancy, childhood, and adolescence
 - b) Factors influencing physical development
- [B] Motor development –
 - a) Characteristics of motor development
 - b) Motor development during babyhood and childhood

4. Moral Development:-

- [A] Meaning of moral behavior, Stages of moral development
- [B] Kohlberg's Theory of moral development
- [C] Factors influencing moral development

5. Concept development:-

- [A] Meaning and importance of concepts
- [B] Common concepts of children and their development
- [C] Factors influencing concept development

BOOKS:

1. Chaube, S.P. - Child Psychology, 2003
2. Chaube, S.P. - Developmental Psychology
3. Hurlock, E.B. - Developmental Psychology – A life-span approach, 5thedn
4. Fernald, L.D. & Fernald, P.S. – Munn's Introduction to Psychology, 5thedn
5. Srivastava, A.K. - Child development: An Indian perspective, New Delhi: NCERT
6. Santrock, J.W. - Lifespan development. New York: McGraw Hill
7. Winder Zanden - Human development. Alfredknoi', N.Y.
8. Stott - Psychology of human development, Prentice Hall
9. डॉ० प्रीती वर्मा व, डॉ० डी०एन० श्रीवास्तव-बाल मनोविज्ञान: बालविकास
10. डॉ० मालती सारस्वत - शिक्षा मनोविज्ञान की रूपरेखा
11. आर. एन. सिंह - आधुनिक विकासात्मक मनोविज्ञान-अग्रवाल पब्लिकेशन्स
12. जे. एन. लाल - मानव विकास का मनोविज्ञान-नीलकमल, गोरखपुर.
13. महेश भार्गव - Psychology of Human Development
14. डॉ० ओ. पी. सिंह - बाल विकास, शारदा पुस्तक भवन, इलाहाबाद

B.A. Semester-I
Paper-III
PSYB-103
PRACTICAL

Record book	=	20
Practical performance	=	15
Viva-voca	=	20
Behaviour & Attendance	=	05

Total = 60 Marks

- **Any three** experiments or tests have to be performed.
1. Verbal learning :-
 - a) simple or serial reproduction
 - b) paired association or prompting-anticipation method)
 2. Bi-lateral Transfer of Learning – Mirror Drawing Test
 3. Maze learning
 4. Muler-Lyer Illusion

B.A. Semester-II
Paper-II
PSYB-201
FUNDAMENTAL PSYCHOLOGY

1. **Emotion:-**
 - [A] Nature and characteristic of emotion
 - [B] Physiological changes during emotion
 - [C] Theories of emotion – James-Lange theory, and Cannon-Bard theory
2. **Remembering and Forgetting:-**
 - [A] Meaning and process of memory
 - [B] Types of memory
 - a) Sensory memory
 - b) Short-term memory
 - c) Long-term memory
 - [C] Test of retention, Factors influencing retention
 - [D] Forgetting: Types & Cause of forgetting
3. **Intelligence:-**
 - [A] Intelligence: Definition, and types
 - [B] Measurement of intelligence:
 - a) Concepts in measurement of intelligence – C.A., M.A., and IQ
 - b) Types of intelligence tests
 - c) Uses of intelligence tests
 - d) Tests of intelligence – Stanford Binet, Wechsler
4. **Personality:**
 - [A] Personality: Nature and function
 - [B] Approaches to personality:
 - a) Type approach – Kretschmer's, Sheldon's, and Jung's approach
5. **Influencing factors of personality and its measurement:-**
 - [A] Factors influencing the development of personality:
 - a) Biological or hereditary factors
 - b) Environmental factors – Socio-cultural & Economical

Books:

- | | | |
|--|---|-----------------------------------|
| 1. आधुनिक प्रायोगिक मनोविज्ञान | – | डॉ. लालवचन त्रिपाठी |
| 2. आधुनिक सामान्य मनोविज्ञान | – | अरुण कुमार सिंह व आषीशकुमार सिंह |
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| 7. संज्ञानात्मक मनोविज्ञान | – | श्रीवास्तव, व रामजी |
| 8. Advanced theory of cognitive learning - | | R. S. Yadav |

B.A. Semester-II

Paper-II

PSYB-202

LIFE-SPAN DEVELOPMENTAL PSYCHOLOGY

SEMESTER II

1. **Language Development:-**
 - [A] Importance and Stages of language development,
 - [B] Factors influencing language development
 - [C] Common speech disorders and suggestions for improving speech
2. **Social and Emotional Development:-**
 - [A] Social development - Meaning and characteristics of social development, Gender differences in social development
 - [B] Emotional development –Emotions during infancy, childhood and adolescence, and Factors influencing emotional development
3. **Theories of Human Development:-**
 - [A] Freud’s Theory of Psychosexual Development
 - [B] Erikson’s Theory of Psychosocial Development
 - [C] Piaget’s Theory of Cognitive Development
 - [D] Bandura’s Social-Learning Theory
4. **Adulthood and Aging:-**
 - [A] Characteristics of adulthood and old age
 - [B] Changes and problems in old age
 - a) Mental changes
 - b) Hazards to personal and social adjustments – physical and psychological
5. **Exceptional Children:-**
 - [A] Meaning, difference between exceptional and normal children
 - [B] Kinds of exceptional children –
 - a) Children with defective organs – nature, their psychological effects
 - b) Problem children – meaning, traits, causes, and reformatory measures

BOOKS:

1. Chaube, S.P. - Child Psychology, 2003
2. Chaube, S.P. - Developmental Psychology
3. Hurlock, E.B. - Developmental Psychology – A life-span approach, 5thedn
4. Fernald, L.D. & Fernald, P.S. – Munn’s Introduction to Psychology, 5thedn
5. Srivastava, A.K. - Child development: An Indian perspective, New Delhi: NCERT
6. Santrock, J.W. - Lifespan development. New York: McGraw Hill
7. Winder Zanden - Human development. Alfredknoi’, N.Y.
8. Stott - Psychology of human development, Prentice Hall
9. डॉ० प्रीती वर्मा व डॉ० डी०एन० श्रीवास्तव - बाल मनोविज्ञान: बालविकास
10. डॉ० मालती सारस्वत - शिक्षा मनोविज्ञान की रूपरेखा
11. आर. एन. सिंह - आधुनिक विकासात्मक मनोविज्ञान-अग्रवाल पब्लिकेशन्स
12. जे. एन. लाल - मानव विकास का मनोविज्ञान-नीलकमल, गोरखपुर.
13. महेशभार्गव - Psychology of Human Development

**B.A. Semester-II
PAPER-III
PSYB-203**

PRACTICAL

Record book	=	20
Practical performance	=	15
Viva-voca	=	20
Behaviour & Attendance	=	05

Total = 60 Marks

- Any three experiments or tests have to be performed.
1. Effect of knowledge of results on learning (KR)
 2. Verbal test of intelligence – M.C. Joshi
 3. Attention of span
 4. Development Screening Test
 5. Measurement of moral value for children
 6. Perceived loneliness Scale

**JAGADGURU RAMBHADRACHARYA HANDICAPED
UNIVERSITY, CHITRAKOOT (U.P.) - 210204**

Department of Psychology

Syllabus

For

BA-SEMESTER III

(2016 ONWARDS)

		Marks
PSYB-301	Social Psychology	70
PSYB-302	Fundamental Statistics	70
PSYB-303	Practical	60
	<u>Total</u>	<u>200</u>

BA-SEMESTER IV

		Marks
PSYB-401	Social Behaviour	70
PSYB-402	Statistics in Psychology	70
PSYB-403	Practical	60
	<u>Total</u>	<u>200</u>

Note: Students offering psychology must obtain 33% marks both in theory and practical separately to be declared successful,

Question Pattern:

Objective Type	-	5 Questions	(5 × 2 = 10 marks)
Short Answer Type	-	4 Questions	(4 × 05 = 20 marks)
Long Answer Type	-	2 Questions	(2 × 20 = 40 marks)

Time Limit - 2¹/₂ hours

B.A. Semester – III
Paper-III
PSYB-301
SOCIAL PSYCHOLOGY

1. Introduction:-

- [A] Social psychology:
 - a) Definition and nature
 - b) Scope and problems
- [B] Methods of Social Psychology:
 - a) Survey
 - b) Sociometry
 - c) Field study
 - d) Observation

2. Social Motivation:-

- [A] Meaning
- [B] Types: General social motivations –
 - a) Achievement,
 - b) Approval,
 - c) Altruism

3. Attitude:-

- [A] Definition and nature
- [B] Attitude formation
- [C] Attitude measurement –
 - a) Thurston's equal-appearing interval method
 - b) Likert's method

4. Prejudice:-

- [A] Definition and nature
- [B] Types of prejudice
- [C] Causes of prejudice
- [D] Methods of reducing prejudice

5. Person perception and Attribution:-

- [A] Person perception:
 - a) Meaning and nature
 - b) Factors influencing person perception
- [B] Attribution: Meaning and characteristics of attribution

BOOKS:

1. Baron, R.A., & Byrna, D. – Social Psychology Understanding. Human interaction Prentice Hall, New Delhi.
2. Srivastava, D.N. and Other – Modern Social Psychology, Har Prasad Bhargava, Agra, 1990
3. TripathiLalbachan – Modern Social Psychology, Har Prasad Bhargava, 1992.
4. Alcock, J.E., Carment, D.IW. Sadava, S.W., Collins, J.E., & Green, J.M. – A textbook of social psychology. (1997) Scarborough, Ontario: prentice Hall/Allyn & Bacon.
5. Feldman, R. S. – Social Psychology: Theories, research and application. (1985), New Yourk: McGraw Hill.
6. Myers, David, G. – Exploring social psychology. (1994), New York: McGraw Hill.
7. Semin, G.R., & Giedler, K. – Applied social psychology (1996), London:Sage
8. अरूण कुमार सिंह –समाज मनोविज्ञान की रूपरेखा

B.A. Semester-III
Paper – II
PSYB-302
FUNDAMENTAL STATISTICS

SEMESTER – III

1. **Nature of Psychological Data and Psychological Measurement:-**
 - [A] Psychological data and Level of measurement
 - [B] Categorical and continuous variables
 - [C] Applications of statistics in psychology
2. **Frequency Distribution:-**
 - [A] Meaning
 - [B] Drawing of frequency distribution
 - [B] Graphical representation of grouped data – histogram, polygon, ogive
3. **Measurement of Central Tendency:-**
 - [A] Purpose and types of measures
 - [B] Characteristics of mean, median and mode
 - [C] Computation of mean, median and mode
4. **Measures of Variability:-**
 - [A] Concept of variability
 - [B] Range and semi-inter Quartile range
 - [C] S.D. and variance
5. **Normal Distribution:-**
 - [A] Concept and laws of Probability
 - [B] Characteristics of Normal Probability Curve
 - [C] Application of Normal Probability Curve

BOOKS:

1. Garrett, H.E. – Statistics in psychology and education
2. Guilford, J.P. – Fundamentals of statistics in psychology and education, McGraw Hill, N.Y.
3. Kerlinger, F.N. – Foundations of behavioral research
4. एच०के० कपिल–अनुसन्धान विधियाँ (व्यवहारपरक विज्ञानों में)
5. एच०के० कपिल–सांख्यिकी के मूलतत्त्व (सामाजिक विज्ञानों में)
6. डॉ० एस०पी० गुप्ता–आधुनिक मापन एवं मूल्यांकन
7. लालवचन त्रिपाठी–मनोवैज्ञानिक अनुसंधान पद्धतियाँ
8. डॉ० मुहम्मद सुलैमान – मनोविज्ञान शिक्षा एवं अन्य सामाजिक विज्ञानों में सांख्यिकी, मोतीलाल बनारसीदास पब्ल.

B.A. Semester- III

Paper-III

PSYB-303

(2016 ONWARDS)

PRACTICAL

Record book	=	20
Practical performance	=	15
Viva-voca	=	20
Behaviour & Attendance	=	05

Total = 60 Marks

- **Any three** experiments or tests have to be performed.
1. Sociometric Technique
 2. Verbal learning method – i) Part Vs. Whole method /
ii) Mass Vs. Distributed method
 3. Measurement of group conformity or conformity behaviour
 4. Measurement of Altruism
 5. Test for social acceptability among peers
 6. Social Intelligence Scale

B.A. Semester-III
Paper- I
PSYB-401
(2016 ONWARDS)
SOCIAL BEHAVIOUR

SEMESTER – IV

- 1. Behaviour in Groups - Intergroup conflict:-**
 - a) Meaning
 - b) Types of intergroup conflict
 - c) Causes of intergroup conflict
 - d) Methods of reducing intergroup conflict
 - e) Resolution of group conflict in Indian context
- 2. Leadership:-**
 - a) Meaning and nature
 - b) Function
 - c) Types
- 3. Social influence:-**
 - [A] Conformity:
 - a) Meaning and definition
 - b) Factors affecting conformity
 - [B] Compliance:
 - a) Meaning and nature
 - b) Techniques of compliance – Ingratiation, Reciprocity and Multiple requests – the foot in the door technique, the door in the face techniques, the low balling technique
- 4. Communication:-**
 - [A] Meaning and nature
 - [B] Types of communication:
 - a) Verbal communication
 - b) Non verbal communication
 - [C] Factors influencing the effectiveness of communication
- 5. Propaganda:-**
 - [A] Meaning and nature
 - [B] Psychological bases of propaganda
 - [C] Techniques or devices of propaganda
 - [D] Media or tools of propaganda

BOOKS:

1. Baron, R.A., and Byrna, D. – Social Psychology Understanding. Human interaction Prentice Hall, New Delhi.
2. Srivastava, D.N. and Other – Modern Social Psychology, Har Prasad Bhargava, Agra, 1990
3. Tripathi Lal bachan – Modern Social Psychology, Har Prasad Bhargava, 1992.
4. Alcock, J.E., Carment, D.W. Sadava, S.W., Collins, J.E., & Green, J.M. – A textbook of social psychology. (1997) Scarborough, Ontario: prentice Hall/Allyn & Bacon.
5. Feldman, R. S. – Social Psychology: Theories, research and application. (1985), New Yourk: McGraw Hill.
6. Myers, David, G. – Exploring social psychology. (1994), New York: McGraw Hill.
7. Semin, G.R., &Giedler, K. – Applied social psychology (1996), London:Sage
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B.A. Semester-IV
Paper-II
PSYB-402
STATISTICS IN PSYCHOLOGY

SEMESTER – IV

1. Correlation:-

- [A] The concept of Correlation – Liner and non-liner correlation
- [B] Pearson's product moment correlation
- [C] Spearman's rank order correlation
- [D] Familiarity with other correlation methods, biserial and point biserial r

2. Hypothesis Testing and Making Inferences – I :-

- [A] Population, sample and sampling
- [B] Random Sampling and its techniques
- [C] Null Hypothesis,
- [D] Standard errors of mean, SD and R
- [E] Degree of freedom or df and level of significance

3. Hypothesis Testing and Making Inferences – II :-

- [A] Nature and assumption of t-distribution
- [B] Computation of t values for independent and dependent samples
- [C] Interpretation of t values

4. Non-Parametric Test:-

- [A] Nature and assumptions, Distribution – free statistics
- [B] Chi-Square – 2x2Contingency table
- [C] Hypothesis testing for equal and independent distribution
- [C] Median and sign test

5. Preparation of Data for computer Analysis:

- [A] Use of computer in statistics
- [B] Familiarization with some common software packages of statistics
- [C] Introducing SPSS

BOOKS:

1. Garrett, H.E. – Statistics in psychology and education
2. Guilford, J.P. – Fundamentals of statistics in psychology and education, McGraw Hill, N.Y.
3. Kerlinger, F.N. – Foundations of behavioral research
4. एच०के० कपिल—अनुसन्धान विधियाँ (व्यवहारपरक विज्ञानों में)
5. एच०के० कपिल—सांख्यिकी के मूलतत्त्व (सामाजिक विज्ञानों में)
6. डॉ० एस०पी० गुप्ता—आधुनिक मापन एवं मूल्यांकन
7. लालवचन त्रिपाठी—मनोवैज्ञानिक अनुसंधान पद्धतियाँ
8. डॉ० मुहम्मद सुलैमान – मनोविज्ञान शिक्षा एवं अन्य सामाजिक विज्ञानों में सांख्यिकी, मोतीलाल बनारसीदास पब्ल.
9. Broota, K.D. (1992) – Experimental Design in behavioural research, New Delhi; Wiley Eastern.
10. Siegel, S (1994) – Non parametric statistics. New York: McGraw Hill.
11. Minium, E.W., King, B.M., & Bear, G. (1993). Statistical reasoning in psychology and Education, New York: John Wiley.

B.A. Semester-IV

Paper-III

PSYB-403

PRACTICAL

Record book	=	20
Practical performance	=	15
Viva-voca	=	20
Behaviour & Attendance	=	05

Total = 60 Marks

- **Any three** experiments or tests have to be performed.

Semester IV

1. Measurement of social attitude/Social cognition
2. Set of problem solving – Water-Jar problem
3. Test of study habits and attitudes –
4. Achievement motivation test
5. Leadership effectiveness scale
6. Depression Scale

**JAGADGURU RAMBHADRACHARYA HANDICAPED
UNIVERSITY, CHITRAKOOT (U.P.) - 210204**

Department of Psychology

Syllabus

B.A. Semester- V

(2016 ONWARDS)

		Theory
PSYB-501	Abnormal Behaviour	70
PSYB-502	Psychological Measurement	70
PSYB-503	Health Psychology	70
PSYB-504	Practical	90
	<u>Total</u>	<u>300</u>

B.A.Semester-VI

		Marks
PSYB-601	Abnormal Psychology	70
PSYB-602	Measurement and Testing	70
PSYB-603	Psychological Management of Health	70
PSYB-604	Practical or Field Study	90
	<u>Total</u>	<u>300</u>

Note: Students offering psychology must obtain 33% marks both in theory and practical separately to be declared successful,

Question Pattern:

Objective Type	-	5 Questions	(5 × 2 = 10 marks)
Short Answer Type	-	4 Questions	(4 × 05 = 20 marks)
Long Answer Type	-	2 Questions	(2 × 20 = 40 marks)

Time Limit - 2¹/₂ hour

B.A. Semester- V
Paper-I
PSYB-501
ABNORMAL BEHAVIOUR

1. Introduction:

- [A] Definition of abnormal psychology
- [B] Abnormal behaviour -
 - a) What is abnormal behaviour
 - b) Characteristic of abnormal behaviour
- [C] Concept of psychopathology -
 - a) Descriptive psychopathology
 - b) Experimental psychopathology

2. Current models of abnormal behaviour - I:

- [A] Biological model – Modern biological viewpoints -
 - a) Genetics
 - b) Biochemical imbalances
 - c) Biophysical therapies
- [B] Psychosocial model –
 - a) Behaviouristic viewpoints
 - b) Cognitive viewpoints

3. Current models of abnormal behaviour - II:-

- [A] Psychodynamic viewpoints –
 - a) Mental aspect
 - b) Psychopathology of everyday life
 - c) Mental conflict and defense mechanisms
 - d) Psychosexual development

4. Stress:-

- [A] Definition and characteristics of stress
- [B] Reactions to stress
- [C] Acute stress disorder
- [D] Post-traumatic stress disorder

5. Adjustment disorders:-

- [A] Clinical features of adjustment disorder
- [B] Special kinds of adjustment –
 - a) Adjustment to physical illness and handicap
 - b) Long-term adjustment to sexual abuse in childhood

Books:

1. Coleman – Abnormal Psychology
2. Carson, R.C., Butcher, J.N. Mineka, S. & Hooley, J.M. – Abnormal Psychology
3. Gelder, M., Harrison, P. & Cowen, P. – Shorter Oxford Textbook of Psychiatry
4. अरुण कुमार सिंह – उच्चतर असामान्य मनोविज्ञान, मोतीलाल बनारसीदास
5. सिन्हा व मिश्रा – असामान्य मनोविज्ञान
6. The ICD-10 – Classification of mental and behavioural disorders. Clinical descriptions and diagnostic guidelines. WHO (1992)
7. The DSM-IV – Text revision, 4th edition. American Psychiatric Association, Washington, DC
8. मसरूरजहाँ – मानसिक रोग, आहूजा पब्लिकेशन (2010)

B.A. Semester-V
Paper- II
PSYB-502

PSYCHOLOGICAL MEASUREMENT

1. Psychological measurement:-

- [A] Meaning and nature
- [B] Types:
 - a) Nominal
 - b) Ordinal
 - c) Interval
 - d) Ratio
- [C] Importance of psychological measurement
- [D] Historical perspective

2. Tools of measurement and evaluation:-

- [A] Techniques of measurement and evaluation
- [B] Tools of measurement and evaluation
- [C] Difficulties in measurements

3. Scaling methods:-

- [A] Rating scale
- [B] Ranking method
- [C] Paired comparison method

4. Psychophysics:-

- [A] Meaning
- [B] Basic problems of psychophysics
- [C] Important concepts of psychophysics

5. Methods of psychophysics:

- a) Method of average error
- b) Method of limits
- c) Method of constant stimuli

BOOKS:

1. Theory and Practice of Psychological Testing – Freeman
2. Essentials of Psychological Testing – Cronbech
3. Experimental Psychology – Woodworth
4. मनोभौतिकी तथा मनोमापन – डॉ० निर्मल कुमार सक्सेना तथा डॉ० महेश भार्गव
5. मनोवैज्ञानिक मापन तथा परीक्षण – डॉ० महेश भार्गव
6. प्रयोगात्मक मनोविज्ञान – डॉ० प्रीति वर्मा, डी० एन० श्रीवास्तव
7. आधुनिक मापन एवं मूल्यांकन – डॉ० एस० पी० गुप्ता
8. उच्चतर सामान्य मनोविज्ञान – अरूण कुमार सिंह
9. आधुनिक प्रयोगात्मक मनोविज्ञान – डॉ० लालवचन त्रिपाठी

B.A. Semester- V
Paper-III
PSYB-503

HEALTH PSYCHOLOGY

1. **Introduction to Health Psychology:-**
 - [A] A brief history of health psychology
 - [B] Definition
 - [C] Research models of health psychology
2. **System of body:-**
 - [A] Nervous system and endocrine system
 - [B] Cardio-vascular system
 - [C] Respiratory system
 - [D] Immunity system
3. **Health behavior and primary prevention:-**
 - [A] Concept of health behavior, determinants
 - [B] Health promotion
 - [C] Health enhancing behavior -
 - a) Exercise
 - b) Accident prevention
 - c) Physical examination
 - d) Weight control and diet
4. **Stress and coping:-**
 - [A] Stress – nature
 - [B] Reaction to stress and illness
 - [C] Coping with stress
 - [D] Measurement of stress
5. **The patient in the treatment setting:-**
 - [A] Use and misuse of health services
 - [B] Patient in hospital setting
 - [C] Patient-practitioner interaction –
 - a) Nature
 - b) Communication and behavior

BOOKS:

1. Shelly, E. Taylor, - Health Psychology, McGraw-Hill, New Delhi 110008.
2. David, P.M.; Michall, M. & Brain, M. (2000) - Health Psychology Sage Pub.
3. Bennett, P. et al. (1990) - Current development in Health Psychology, Academic pres, U.K.
4. Marks, D.F. Et al. (2000) – Health Psychology. Sage Pub.
5. Feuerstein, M. et al. (1986) – Health Psychology: A psychological perspective. Plenum Press N.Y.
6. Shalini Mishra (2006) – Health Psychology
7. Ogden, J. (2004) – Health Psychology: A Textbook
8. Sarafino, E.P. (2002) – Health Psychology: *BiopsychosocialInteraction*, John Wiley & Sons, INC, 4thedn.

B.A. Psychology
Semester -V
Paper- IV
PSYB-504

PRACTICAL

Marks

Record book	=	25
Practical performance	=	30
Viva-voca	=	30
Behaviour & Attendance	=	05

Total = 90 Marks

- **Any four** Experiments/tests have to be performed

1. Ranking Order Method
2. Rating Method
3. Colour preference by paired comparison method
4. Level of aspiration
5. Adjustment Inventory – Bell adjustment inventory
6. Measurement of Sensation – Aestheciometric Index

B.A. Semester- VI
Paper- I
PSYB-601

ABNORMAL PSYCHOLOGY

1. **Anxiety and Obsessive-compulsive disorders**
 - [A] Anxiety disorders –
 - a) Generalized anxiety disorder – clinical picture, etiology, and treatment
 - b) Phobia - classification, etiology, and treatment
 - [B] Obsessive-compulsive disorder – clinical picture, etiology, and treatment
2. **Schizophrenia:-**
 - [A] Meaning and clinical symptoms of Schizophrenia
 - [B] Etiology of schizophrenia
 - [C] Treatment
3. **Mood disorder:-**
 - [A] Depressive disorders – central clinical features and treatment
 - [B] Mania – clinical feature and treatment
 - [C] Etiology of mood disorders
4. **Mental Retardation and Mental Health:-**
 - [A] Mental retardation –
 - a) Meaning
 - b) Cause
 - c) Levels of mental retardation
 - d) Treatment and prevention
 - [B] Mental health –
 - a) Meaning of normality
 - b) Characteristics of mentally healthy people
 - c) Importance of mental health
5. **Psychotherapy :-**
 - [A] Introduction –
 - a) Meaning of psychotherapy
 - b) Purpose of psychotherapy
 - [B] Types of psychotherapy –
 - a) Freudian psychoanalytic therapy
 - b) Cognitive behaviour therapy –Beck’s cognitive therapy
 - [C] Behaviour therapy –
 - a) Systematic desensitization
 - b) Contingency Management

Books:

1. Coleman – Abnormal Psychology
2. Carson, R.C., Butcher, J.N. Mineka, S. & Hooley, J.M. – Abnormal Psychology
3. Gelder, M., Harrison, P. & Cowen, P. – Shorter Oxford Textbook of Psychiatry
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8. मसरूर जहाँ –मानसिक रोग, आहूजा पब्लिकेशन (2010)

**B.A. Semester- VI
Paper- II**

PSYB-/602

MEASUREMENT AND TESTING

1. Psychological Test – I :-

- [A] Meaning and definition of Psychological test
- [B] Difference between test and experiment
- [C] Uses of psychological test
- [D] Purpose of psychological test

2. Psychological Test – II :-

- [A] Types of psychological tests
- [B] Steps for psychological test construction
- [C] Characteristics of a good test

3. Reliability, Validity, and Norms:-

- [A] Meaning and methods of reliability
- [B] Meaning and types of validity
- [C] Meaning and types of norms

4. Measurement – I :-Methods of personality measurement

- a) Introduction
- b) Subjective methods
- c) Objective methods
- d) Projective methods

5. Measurement – II :- Measurement of aptitudes:

- a) General aptitudes test
- b) Differential aptitude test

BOOKS:

1. Theory and Practice of Psychological Testing – Freeman
2. Essentials of Psychological Testing – Cronbach
3. Experimental Psychology – Woodworth
4. मनोभौतिकी तथा मनोमापन – डॉ० निर्मल कुमार सक्सेना तथा डॉ० महेश भार्गव
5. मनोवैज्ञानिक मापन तथा परीक्षण – डॉ० महेश भार्गव
6. प्रयोगात्मक मनोविज्ञान – डॉ० प्रीति वर्मा, डी० एन० श्रीवास्तव
7. आधुनिक मापन एवं मूल्यांकन – डॉ० एस० पी० गुप्ता
8. उच्चतर सामान्य मनोविज्ञान – अरूण कुमार सिंह
9. आधुनिक प्रयोगात्मक मनोविज्ञान – डॉ० लालवचन त्रिपाठी

B.A. Semester- VI

Paper- III

PSYB-603

PSYCHOLOGICAL MANAGEMENT OF HEALTH

1. **Pain and management:-**
 - [A] Nature
 - [B] Measurement of physiology of pain
 - [C] Clinical management organization of pain – Pain control techniques
2. **Management of chronic and terminal illness:-**
 - [A] Emotional responses to chronic illness,
 - [B] Coping
 - [C] Rehabilitation of chronic illness
 - [D] Psychological interventions
3. **Hypertension and diabetes:-**
 - [A] Hypertension –
 - a) Stress hypertension
 - b) Personality factor of hypertension
 - c) Treatment
 - [B] Diabetes –
 - a) Measurement of diabetes
 - b) Types, implications
 - c) Cause and intervention
4. **Psycho immunology (AIDS and Cancer):-**
 - [A] AIDS –
 - a) Cause of HIV infection
 - b) Progressive symptoms
 - c) Intervention – meaning, prevention, coping and prevalence
 - [B] Cancer –
 - a) Psychological factor of cancer
 - b) Stress and cancer
 - c) Rehabilitative intervention
5. **Challenges for the future:-**
 - [A] Health promotion
 - [B] Use of health service

BOOKS:

1. Shelly, E. Taylor, - Health Psychology, McGraw-Hill, New Delhi 110008.
2. David, P.M.; Michall, M. & Brain, M. (2000) - Health Psychology Sage Pub.
3. Bennett, P. et al. (1990) - Current development in Health Psychology, Academic pres, U.K.
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5. Feuerstein, M. et al. (1986) – Health Psychology: A psychological perspective. Plenum Press N.Y.
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7. Ogden, J. (2004) – Health Psychology: A Textbook
8. Sarafino, E.P. (2002) – Health Psychology: BiopsychosocialInteraction, John Wiley & Sons, INC, 4th edn.
9. डॉ० एस० एस० माथुर-स्वास्थ्य मनोविज्ञान

B.A. Semester-VI
Paper- IV
PSYB-604

PRACTICAL / FIELD STUDY

NOTE- In VI th Semester students may choose Field Study in lieu of practical carry equal marks.

Practical Marks

Record book	=	25
Practical performance	=	30
Viva-voca	=	30
Behaviour & Attendance	=	05

Total = 90 Marks

- **Any four** Experiments/tests have to be performed.

Semester VI

1. Health Questionnaire
2. Measurement of Anxiety –Sinha
3. Measurement of Stress/Frustration
4. Measurement of family environment
5. Measurement of Interest
6. Measurement of Social Maturity
7. Study of value test

FIELD STUDY MARKS

THESIS	=	45 (Internal Guide)
VIVA-VOCA	=	45 (External Examiner)

TOTAL = 90 Marks
