

# MASTER OF ARTS PSYCHOLOGY

**MASTER OF ARTS**  
**In**  
**PSYCHOLOGY**  
**(Credit wise Structure of the Course)**

The Purpose of this course is to develop an understanding of the growing discipline of Psychology, to give students theoretical as well as practical knowledge of the subject, to prepare them for various competitive exams, increasing their confidence, developing skills and to facilitate self-discovery in them etc.

The course is divided into **04 semesters**. The Credits are divided as follows:-

**Semester I (Max hour: 45 per paper)**

PSYM-C101	Experimental Psychology	04 credits
PSYM-C102	Fundamental Physiological Psychology	04 credits
PSYM-C103	Applied Psychology	04 credits
PSYM-C104	Systems of Psychology	04 credits
PSYM-C105	Practical	04 credits
<b>Total</b>		<b>20 credits</b>

**Semester II (Max hour: 45 per paper)**

PSYM-C201	Cognitive Psychology	04 credits
PSYM-C202	Neurophysiological Bases of Behaviour	04 credits
PSYM-C203	Research Methodology	04 credits
PSYM-C204	Statistics in Psychology	04 credits
PSYM-C205	Practical	04 credits
<b>Total</b>		<b>20 credits</b>

**Semester III (Max hour: 45per paper)**

**Group 'A' - Compulsory**

- |             |                          |            |
|-------------|--------------------------|------------|
| • PSYM-C301 | Psychological Assessment | 04 credits |
| • PSYM-C302 | Health Psychology        | 04 credits |
| • PSYM-C303 | Practical                | 04 credits |

**Group 'B' - Optional**

- |             |                     |            |
|-------------|---------------------|------------|
| • PSYM-O304 | Psychopathology     | 04 credits |
| • PSYM-O305 | Clinical Psychology | 04 credits |

**Group 'C' - Optional**

- |             |                          |           |
|-------------|--------------------------|-----------|
| • PSYM-O304 | Guidance and Counselling | 04credits |
| • PSYM-O305 | Educational Psychology-I | 04credits |

**Total** **20 credits**

**Semester IV (Max hour: 45 per paper)**

**Group 'A' - Compulsory**

- |             |  |            |
|-------------|--|------------|
| • PSYM-C401 | Psychology of Personality                    | 04 credits |
| • PSYM-C402 | Disability and Rehabilitation Psychology     | 04 credits |
| • PSYM-C403 | Project Formulation/Planning or Dissertation | 04 credits |

**Group'B' - Optional**

- PSYM-O404 Introduction to Psychiatric disorders 04 credits
- PSYM-O405 Psychotherapy 04 credits

**Group'C' – Optional**

- PSYM-O404 Guidance and Counselling-II 04 credits
- PSYM-O405 Educational Psychology-II 04 credits

**Total** 20 credits

**MA Total Credits = 80**

**JAGADGURU RAMBHDARACHARYA HANDICAPPED UNIVERSIITY,  
CHITRAKOOT, (U.P.)  
M.A. (PREVIOUS) PSYCHOLOGY  
Implemented from 2016-19 Onwards**

**I<sup>ST</sup> SEMESTER**

			<b>Maximum Marks</b>
Paper I:	Experimental Psychology	PSYM-C101	100
Paper II:	Fundamental Physiological Psychology	PSYM-C102	100
Paper III:	Applied Psychology	PSYM-C103	100
Paper IV:	Systems of Psychology	PSYM-C104	100
Paper V:	Practical	PSYM-C105	100

**II<sup>ND</sup> SEMESTER**

Paper I:	Cognitive Psychology	PSYM-C201	100
Paper II:	Neurophysiological Bases of Behaviour	PSYM-C202	100
Paper III:	Research Methods in Psychology	PSYM-C203	100
Paper IV:	Statistics in Psychology	PSYM-C204	100
Paper V:	Practical	PSYM-C205	100

**M.A. (FINAL) PSYCHOLOGY**

**Implemented from 2016-19 Onwards**

**Note:** For III<sup>rd</sup> and IV<sup>th</sup> semester group 'A' is compulsory for all students. They have to opt anyone group from optional Group 'B' or 'C'.

**III<sup>RD</sup> SEMESTER**

**Group 'A' (Compulsory)**

Paper I:	Psychological Assessment	PSYM-C301	100
Paper II:	Health Psychology	PSYM-C302	100
Paper III:	Practical	PSYM-C303	100

**Group 'B' (Optional)**

Paper IV:	Psychopathology	PSYM-O304	100
Paper V:	Clinical Psychology	PSYM-O305	100

**Group 'C' (Optional)**

Paper IV:	Guidance and Counseling-I	PSYM-O304	100
Paper V:	Educational Psychology-I	PSYM-O305	100

## IV<sup>TH</sup> SEMESTER

### Group 'A' (Compulsory)

Paper I:	Theories of Personality	PSYM-C401	100
Paper II:	Disability and Rehabilitation Psychology	PSYM-C402	100
Paper III:	Project Formulation/Planning or Dissertation	PSYM-C403	100

### Group 'B' (Optional)

Paper IV:	Introduction to Psychiatric Disorders	PSYMO404	100
Paper V:	Psychotherapy	PSYM-O405	100

### Group 'C' (Optional)

Paper IV:	Guidance and Counseling -II	PSYM-O404	100
Paper V:	Educational Psychology-II	PSYM-O405	100

**\* Project Formulation or Project Planning or Dissertation**

### **Marks Division**

<b>Thesis/Written</b>	<b>Viva</b>	<b>Total</b>
50 Marks (Internal Supervisor)	50 Marks (External Examiner)	100 Marks

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**Syllabus  
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M.A. (PREVIOUS) PSYCHOLOGY  
I<sup>ST</sup> SEMESTER**

**Implemented from 2016 Onwards**

		<b>Maximum Marks</b>	
<b>Paper I:</b>	<b>Experimental Psychology</b>	<b>(PSYM-C101)</b>	<b>100</b>
<b>Paper II:</b>	<b>Fundamental Physiological Psychology</b>	<b>(PSYM-C102)</b>	<b>100</b>
<b>Paper III:</b>	<b>Applied Psychology</b>	<b>(PSYM-C103)</b>	<b>100</b>
<b>Paper IV:</b>	<b>Systems of Psychology</b>	<b>(PSYM-C104)</b>	<b>100</b>
<b>Paper V:</b>	<b>Practical</b>	<b>(PSYM-C105)</b>	<b>100</b>

Note: Students offering M.A. psychology must obtain 45% marks both in theory and practical separately to be declared successful.

**Question Pattern: Theoretical Paper** **Allotted Time 02:30**  
**Hours**

**Objective Type** **-06 questions** **(06 × 02 = 12 marks)**  
(Including MCQ,  
Fill in the blank,  
True false and pair matching)

**Short Answer Type** - **4 questions (in about 250 words)** **(04 × 12 = 48 marks)**

**Long Answer Type** - **2 questions (in about 500 words)** **(02 × 20 = 40 marks)**

**Practical Examination** **Allotted Time 04:00 Hours**

**Record Book** - **30 marks**

**Practical Performance** - **20 marks**

**Viva-voca** - **40 marks**

**Behaviour and Attendance** - **10marks**

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**Total** - **100 marks**

**M.A. PSYCHOLOGY**  
**I<sup>ST</sup> SEMESTER**  
**PSYM-C101**

**Paper-I: Experimental Psychology**

**Unit I: Introduction:-**

- Nature of Experimental Psychology,
- Approaches of Experimental Psychology
- Variables: Concepts and Classification.

**Unit II: Reaction Time:-**

- Meaning and types of Reaction Time
- Physiological aspects of Reaction Time.
- Factors affecting Reaction Time

**Unit III: Verbal Learning:-**

- Methods and materials,
- Organizational Process
- Neurophysiology of Learning.

**Unit IV: Emotional Behavior and Emotional Intelligence**

- Physiological correlates of emotion,
- Theories of Emotion –
  - a) James – Lange,
  - b) Cannon- Bard,
  - c) Activation Theory,
  - d) Cognitive Theory (brief knowledge).
- Emotional Intelligence – concept and importance
- Concept of E.Q.

**Unit V: Motivation:-**

- A Basic concepts,
- Approaches to the study of motivation-
  - a) Psychoanalytical,
  - b) Ethological,
  - c) S.R.,
  - d) Cognitive
  - e) Humanistic.

**Books:**

1. Candland, D. K. (1978): *‘Psychology: The Experimental Approach’*, McGraw Hill Book Co., New York.
2. D’ Amato, M. R. (1979) – *‘Experimental Psychology’*, Tokyo, New York, McGraw Hill Co., Inc.
3. Hillgard E.R. (1974): *Theories of Learning & Instruction*, New York, Appleton-Century Crafts.
4. Snodgrass, J. G.et. Al. (1985).’ *Human Experimental Psychology’*, Oxford University Press, New York.
5. Srivastava, D. N. & Verma, P. (2010) *‘Modern Experimental Psychology’* Agarwal Pub., Agra.
6. Stevens, S. S. (1951) –*‘A Handbook of Experimental Psychology*, John Willey & Sons, New York.
7. Tripathi Lal Bachan – *Modern Experimental Psychology*.
8. Woodworth, R.S. & Schlosberg.(1984) : – *Experimental Psychology’*, Methuen &Co.Ltd.,London.

**M.A. PSYCHOLOGY**  
**I<sup>ST</sup> SEMESTER**  
**PSYM-C102**

**Paper II: Fundamental Physiological Psychology**

**Unit I: Organization and functions of Central nervous System:-**

- Structure and function of Spinal Cord
- Brain : Hind Brain, Mid Brain and Fore Brain
- Hemispheric dominance

**Unit II: Neural Conduction and Transmission:-**

- Structure of a Neuron
- Action potential, Resting potential, and Evoked potential
- Synaptic transmission and Neurotransmitters

**Unit III: Investigation Methods in Neurophysiology:-**

- Anatomical method
- Radiological method
- Electrical Stimulation and Recording methods

**Unit IV: Hormones and the brain:-**

- Endocrine glands
- Classification of hormones
- Similarities and difference in hormonal and neural communication
- Impact of hormones upon behavior

**Unit V: Peripheral Nervous System:-**

- Somatic Nervous System and its functions
- Structure and function of Autonomic Nervous System

**Books Recommended:-**

1. Broadal P. (1992). The Central Nervous System: Structure and function. New York: Oxford University Press.
2. Carlson N. R. (2000). Physiology of Behavior. Boston: Allyn & Bacon.
3. Pinel J.P. John (2007). Bio Psychology (6<sup>th</sup> Edition) New Delhi: Pearson Education Inc.
4. Singh A. K. (2011). Fundamentals of Neuropsychology. Motilal Banarasi Das.
5. Tiwaree B.D. & Tripathi A. N (2009). Physiological Psychology. Motilal Banarasi Das.
6. Guyton A.C. (2000). Textbook of Medical Physiology. Philadelphia: W.B. Saunders.

**M.A. PSYCHOLOGY**  
**I<sup>ST</sup> SEMESTER**  
**PSYM-C103**  
**Paper III: Applied Psychology**

**Unit I: Introduction:-**

- Meaning of Applied Psychology
- Current status of Applied Psychology
- Areas of Applied Psychology

**Unit II:**

- Definition of Guidance and Counseling
- Types of Guidance
- Personal, Education, and Vocational Guidance

**Unit III :**

- Meaning & nature of mental health and Well-being
- Factors influencing mental health
- Types of mental diseases

**Unit IV:**

- Psychological aspects of corruption
- Psychology of terrorism
- Role of psychology in media
- Psychological disorders due to war

**Unit V:**

- Engineering psychology : definition, principles of Time & Motion study
- Important facts related with Engineering psychology
- Consumer decision making and rights of consumer

**Books Recommended:-**

1. Blum ML and Naylor JC (1984- Revised Edition). Industrial Psychology its Theoretical and Social Foundation : New York, Harper & Raw.
2. Gibson RL (1998), Introduction to Counselling and Guidance, (5<sup>th</sup> Ed.). NJ: Prentice Hall.
3. Gragory WL & Burroughs WJ. Introduction to Applied Psychology, Illinois Scott, Foresman & Co.
4. Anastasi, Annew. Fields of Applied Psychology, International Student edition (2<sup>nd</sup> Ed.), Tokyo, McGraw Hillll, Kogndhusa,
5. Rastogi Ghanshyam Das (1992). Aadhunik Vyavharik Manovigyan, Harprasad Bhargava, Agra.
6. Singh Rampal (2009). Modern Applied Psychology. Agrawal Publications, Agra-2.
7. Mayers GE. Principles and Techniques of Vocational Guidance, McGraw Hill, New York.
8. APresricha (1996). Guidance and Counselling in Indian Educaiton, New Delhi, N.C.E.R.T.,
9. Pareek U. and Raw TV (1981) Behavioural process in Organization. New Delhi, IBN and Oxford.
10. Yadav Virendra Sing (2011). Bhrshatchar ka Manovigyan. Pacific Publication, Delhi-94.

**M.A. PSYCHOLOGY**  
**I<sup>ST</sup> SEMESTER**  
**PSYM-C104**  
**Paper IV : Systems of Psychology**

**Unit I:** Foundation of Experimental Psychology:-

- Wundt's contribution
- Ebbinghaus's contribution
- James's contribution

**Unit II:** Schools of Psychology:-

- Structuralism : Definition & Nature, Main concepts or Tichener's thoughts
- Functionalism: Definition & Nature, Contribution – Dewey, Angell & Carr's.
- Behaviourism : Watson's viewpoints & concepts, Critical evaluation in brief
- Gestalt : Outlines of Gestalt psychology

**Unit III:** Psychoanalytic School:-

- Freud's contribution
- Adler's contribution
- Young' contribution

**Unit IV:** Introduction to Neo-Freudians:-

- Errick Fromm
- Harry Stack Sullivan
- Keren Horney

**Unit V:** Psychology in India:-

- The psychology of the Yoga :
  - a) Dharamkirti
  - b) Patanjali

**Books Recommended:-**

1. Boring : History of Experimental Psychology
2. Kuppuswami : Elements of Ancient Indian Psychology, New Delhi, Vikas.
3. Murphy: Historical Introduction to Psychology.
4. Marks & Hillix : Theory & Systems of psychology
5. Woodworth : Contemporary Schools of Psychology
6. Walman : Contemporary Theory & Systems of Psychology
7. Sinha D. : Psychology in Third World Country : The Indian Experiences.
8. ओझा आर. के. : मनोविज्ञान के सिद्धान्त एवं सम्प्रदाय

**M.A. PSYCHOLOGY**  
**I<sup>ST</sup> SEMESTER**  
**PSYM-C105**  
**Paper V : PRACTICAL**

**Paper V : Practical**

**Instruction: Students have to conduct any four experiments or test out of ten.**

1. Reaction time (RT) : Simple RT, Complex RT
2. Bhatia Battery Performance Test of Intelligence
3. Depression Scale
4. Job Satisfaction Scale
5. Judging Emotions by Photographs
6. Motivation Analysis Test
7. Retroactive & Proactive Inhibition
8. Short Term Memory/Long Term memory
9. Emotional Intelligence Test
10. Scientific Aptitude Test for College students

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**Syllabus  
For  
M.A. (PREVIOUS) PSYCHOLOGY  
II<sup>nd</sup> SEMESTER**

**Implemented from 2016 Onwards**

			<b>Maximum Marks</b>
<b>Paper I:</b>	<b>Cognitive Psychology</b>	<b>(PSYM-C201)</b>	<b>100</b>
<b>Paper II:</b>	<b>Neurophysiological Basis of Behaviour</b>	<b>(PSYM-C202)</b>	<b>100</b>
<b>Paper III:</b>	<b>Research Methods in Psychology</b>	<b>(PSYM-C203)</b>	<b>100</b>
<b>Paper IV:</b>	<b>Statistics in Psychology</b>	<b>(PSYM-C204)</b>	<b>100</b>
<b>Paper V:</b>	<b>Practical</b>	<b>(PSYM-C205)</b>	<b>100</b>

Note: Students offering M.A. psychology must obtain 45% marks both in theory and practical separately to be declared successful.

**Question Pattern: Theoretical Paper**                      **Allotted Time 02:30 Hours**

<b>Objective Type</b> (Including MCQ, Fill in the blank, True false and pair matching)	<b>- 06 questions</b>	<b>(06 × 02 = 12 marks)</b>
<b>Short Answer Type</b>	<b>- 4 questions (in about 250 words)</b>	<b>(04 × 12 = 48 marks)</b>
<b>Long Answer Type</b>	<b>- 2 questions (in about 500 words)</b>	<b>(02 × 20 = 40 marks)</b>

**Practical Examination**    **Allotted Time 04:00 Hours**

<b>Record Book</b>	<b>-</b>	<b>30 marks</b>
<b>Practical Performance</b>	<b>-</b>	<b>20 marks</b>
<b>Viva-voca</b>	<b>-</b>	<b>40 marks</b>
<b>Behaviour and Attendance</b>	<b>-</b>	<b>10marks</b>
<b>Total</b>	<b>-</b>	<b>100 marks</b>

## M.A. PSYCHOLOGY

### IIInd SEMESTER

#### PSYM-C201

#### Paper I: Cognitive Psychology

##### Unit I: Introduction:-

- Definition and Scope or Domain of Cognitive Psychology,
- Methods of Cognitive Psychology-
- ✓ Experimental method
- ✓ Computer based method

##### Unit II: Perceptual Process:-

- Perception of Form, Depth, Time, Movement,
- Figural after effect,
- Perceptual Constancy.

##### Unit III: Conditioning:-

- Classical & Instrumental,
- Difference between Classical and Instrumental Conditioning,
- Conditioned Response- acquisition and extinction

##### Unit IV: Learning:-

- Avoidance Learning and its theories.
- Learned Helplessness,
- Discrimination Learning – Continuity vs. Non Continuity Controversy.

##### Unit V: Memory and Thinking:-

- Memory and Forgetting- STM, LTM, Measurement,
- Theories of Forgetting
- Thinking: Definition, studies on thinking in animal & human being,
- Problem Solving- nature & characteristics,
- Gestalt and Behaviouristic approaches of Problem Solving.

##### Books:

1. Galotti, K.M. (1999). *Cognitive Psychology in and outside laboratory*. Mumbai: Thomson Asia.
2. Matlin, Margaret W. (1995). *Cognition (IIIrd.)*. Prism Books Pvt. Ltd., Bull Temple Road, Basavasigudi, Bangalore- 560019.
3. Reed, Stephen K. (1988). *Cognition: Theory and application (IIIrd.)*. Pacific Grove, California: Brooks/Cole Publishing Company.
4. Hewes, Mary B. (1990). *The Psychology of Human Cognition*. New York: Pergamon Press.
5. Singh, A.K. (2008) *Cognitive Psychology*. Motilal Banarasidas. Delhi.

**M.A. PSYCHOLOGY**  
**IInd SEMESTER**  
**PSYM-C202**

**Paper II: Neuropsychological Basis of Behaviour**

**Unit I: Neurophysiological Bases of Perception:-**

- Visual Perception
- Auditory Perception
- Touch and other Skin Perception
- Chemical Senses

**Unit II: Neurophysiological Bases of Emotion and Motivation:-**

- Brain and Hormonal factors of emotion
- Neurophysiological basis of Hunger, Thrust and Sex

**Unit III: Neurophysiological Bases of Consciousness, Memory & Learning:-**

- Neurophysiological basis of Sleep and Waking, Electrical Activities and Stages of Sleep
- Neurobiological basis of STM and LTM
- Neurophysiological based studies of Learning: Anatomical, Electrical and Chemical techniques.

**Unit IV: Neuropsychological Assessment:-**

- Meaning, Purpose and Applications of Neuropsychological Assessment
- Neuropsychological Assessment of Attention & Concentration, Memory and Executive Function
- Halstead-Reitan Neuropsychological Test Battery

**Unit V: Neurological Disorders and Lobular Syndrome:-**

- Neurological Disorders : Brain Tumor, Seizure, Cerebrovascular Disorder, Degenerative Disorders
- Frontal and Temporal Lobe Syndrome

**Books Recommended:**

1. Carlson NR (2000). Physiology of Behavior. Boston: Allyn & Bacon.
2. Bloom FL & Lazeron A (1996). Brain Mind and Behavior: New York: Freeman & Co.
3. Pinel PJ (2000). Biopsychology. Boston: Allyn & Bacon.
4. Zaidal DW (1994). Neuropsychology, New York, Academic Press.
5. Singh AK (2011). Fundamentals of Neuropsychology. Motilal Banarasi Das.
6. Tiwarae BD & Tripathi AN (2009). Physiological Psychology. Motilal Banarasi Das.

**M.A. PSYCHOLOGY**  
**IIInd SEMESTER**  
**PSYM-C203**

**Paper III: Research Methods in Psychology**

**Unit I: Introduction:-**

- Meaning , characteristics and importance of Research
- Objectives, Types and Approaches of research
- Criteria of good research

**Unit II: Research Techniques, Methodology and Psychological variable:-**

- Difference between research methods and methodology
- Steps in scientific research
- Meaning and types of variables

**Unit III: Research problem and Hypothesis:-**

- Definition of research problem
- Locating research problem
- Nature and types of a scientific hypothesis
- Difference between problem and hypothesis

**Unit IV: Sample and sampling:-**

- Meaning of population, sample and sampling
- Types of probability and non-probability sampling :-
  - ✓ Random sampling
  - ✓ Stratified sampling
  - ✓ Cluster sampling
  - ✓ Purposive sampling
  - ✓ Quota sampling
- Sampling error

**Unit V: Research design:-**

- Meaning and significance of research design
- Types of research design
  - ✓ Before-After design
  - ✓ Completely randomized design
  - ✓ Factorial design
- Basic principles of experimental design

**Books:**

1. Kothari CR – Research Methodology: Methods & techniques (2002); Wishwa Prakashan, New Delhi.
2. Singh AK – Tests, Measurements and Research methods in Behavioural sciences; Bharati Bhawan, Patna.
3. Gopalji Prasad – Research Methodology in Behavioural sciences; Bharati Bhawan, Patna.
4. मो० सुलेमान – व्यावहारिक विज्ञानों में शोध प्रणाली विज्ञान : शुक्ला बूक डिपो, पटना।
5. Edwards,A.L.- Experimental Design in Psychological Research.
6. Ferguson,G.A.- Statistical Analysis in Psychology and Education.McGraw – Hill,KoyaKusha.

**M.A. PSYCHOLOGY**  
**IIInd SEMESTER**  
**PSYM-C204**

**Paper IV: Statistics in Psychology**

**Unit I: Normal Distribution:-**

- Principles of Probability
- Normal Probability curve and its applications
- Deviations from normality – Skewness & Kurtosis
- Normalizing a distribution of scores

**Unit II: Advance Correlation Methods and Regression:-**

- Co-efficient of correlation – Meaning and Magnitude
- Product moment correlation from a bivariate frequency distribution or scatter diagram
- Bi-serial, Point bi-serial, Tetrachoric correlation and contingency coefficient
- Regression line
- Regression equation in deviated scores & standard scores
- Regression equation prediction – its advantage and limitation

**Unit III: Statistical Inferences:-**

- Computation and interpretation of t-value for independent and dependent samples
- Alpha ( $\alpha$ ) and Beta ( $\beta$ ) error
- Purpose and assumptions of Analysis of Variance (ANOVA)
- One-way and two-way analysis of variance

**Unit IV: Non-Parametric Statistics and Chi-Square**

- Nature of parametric statistics and Non-parametric statistics
- Chi-square test – Hypothesis of normal and independent distribution
- Mann Whitney U test
- Median test for one sample, two samples and several samples

**Unit V: Computerized Analysis Procedure in Statistics:-**

- Introduction to common software packages for statistics
- Procedure of data entry and data analysis in SPSS

**Books Recommended:**

1. Garrett, H.E. – Statistics in psychology and education
2. Guilford, J.P. – Fundamentals of statistics in psychology and education, McGraw Hill, N.Y.
3. एचकेके कपिल – सांख्यिकी के मूल तत्त्व (सामाजिक विज्ञानों में)
4. Siegel, S (1994) – Non parametric statistics. New York: McGraw Hill.
5. Minium, E.W., King, B.M., & Bear, G, (1993). Statistical reasoning in psychology and Education, New York: John Wiley.
6. Statistical Package for Social Sciences Ver. 17.

**M.A. PSYCHOLOGY**  
**IIInd SEMESTER**  
**PSYM-C205**

**Paper V: Practical**

**Instruction: Students have to conduct any four experiments / test out of ten.**

1. Group test of Intelligence
2. Non-Verbal Group test of Intelligence
3. Multidimensional Parenting Style
4. PGI Memory Scale
5. Emotional Intelligence/Quotient
6. Problem Solving Concept formation – Halfman & Kaisenien
7. Verbal Test of Creative Thinking – Baqur Mehandi
8. Family Pathology Scale
9. Fear Checklist
10. Anorexia Test

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**Department of Psychology  
Syllabus**

**For  
M.A. (FINAL) PSYCHOLOGY  
III<sup>RD</sup> SEMESTER**

**Implemented from 2016 Onwards**

**Note:** For III<sup>rd</sup> and IV<sup>th</sup> semester group 'A' is compulsory for all students. They have to opt any one group from optional. Students achieving 60% or more in MA (Previous) may choose dissertation in lieu of one optional paper in IV<sup>th</sup> semester.

**Maximum Marks**

**Group 'A' (Compulsory)**

<b>Paper I :</b>	<b>Psychological Assessment</b>	<b>(PSYM-C301)</b>	<b>100</b>
<b>Paper II:</b>	<b>Health Psychology</b>	<b>(PSYM-C302)</b>	<b>100</b>
<b>Paper III:</b>	<b>Practical</b>	<b>(PSYM-C303)</b>	<b>100</b>

**Group 'B' (Optional)**

<b>Paper IV:</b>	<b>Psychopathology</b>	<b>(PSYM-O304)</b>	<b>100</b>
<b>Paper V:</b>	<b>Clinical Psychology</b>	<b>(PSYM-O305)</b>	<b>100</b>

**Group 'C' (Optional)**

<b>Paper IV:</b>	<b>Guidance and Counseling – I</b>	<b>(PSYM-O304)</b>	<b>100</b>
<b>Paper V:</b>	<b>Educational Psychology – I</b>	<b>(PSYM-O305)</b>	<b>100</b>

Note: Students offering M.A. psychology must obtain 45% marks both in theory and practical separately to be declared successful.

**Question Pattern: Theoretical Paper**

**Allotted Time 02:30 Hours**

<b>Objective Type</b>	<b>- 06 questions</b>	<b>(06 × 02 = 12 marks)</b>
<small>(Including MCQ, Fill in the blank, True false and pair matching)</small>		
<b>Short Answer Type</b>	<b>- 4 questions (in about 250 words)</b>	<b>(04 × 12 = 48 marks)</b>
<b>Long Answer Type</b>	<b>- 2 questions (in about 500 words)</b>	<b>(02 × 20 = 40 marks)</b>

**Practical Examination**

**Allotted Time 04:00 Hours**

<b>Record Book</b>	<b>-</b>	<b>30 marks</b>
<b>Practical Performance</b>	<b>-</b>	<b>20 marks</b>
<b>Viva-voca</b>	<b>-</b>	<b>40 marks</b>
<b>Behaviour and Attendance</b>	<b>-</b>	<b>10marks</b>
<b>Total</b>	<b>-</b>	<b>100 marks</b>

## M.A. (FINAL) PSYCHOLOGY

### IIIrd SEMESTER

#### PSYM-C301

#### Group 'A' (Compulsory)

### Paper I: Psychological Assessment

#### Unit I: Human assessment:

- A. Parameters of assessment- Psychological Scaling: meaning & importance,
- B. Levels or scales of Psychological measurement.
- C. Quantitative and qualitative measurement.

#### Unit II: The concept of Psychological Test:

- A. Meaning, characteristics and types of Psychological Tests.
- B. Difference between test and measurement, difference between test and experiment.
- C. Purpose and current uses of Psychological tests.

#### Unit III: Psychometric properties of a good Psychological test-

1. Practical criteria
2. Technical criteria
  - (a) Reliability
  - (b) Validity
  - (c) Standardization and Norms
  - (d) Objectivity
  - (e) Discrimination

#### Unit IV: Steps in the constructing Psychological Tests:

- (a) Planning the test
- (b) Item selection and item analysis
- (c) Pilot study of the test
- (d) Evaluating the test
- (e) Standardization of the test

#### Unit V: Testing in Progression-

- A. Behavioural Assessment, Career Assessment.
- B. Role of computers in Psychological Assessment.
3. Socio-cultural factors in Psychological assessment.

#### **READINGS :-**

1. Anastasi, A. (1988) '*Psychological Testing*' (5<sup>th</sup> ed.), New York: McMillan.
2. Asthana & Asthana (2008) '*Manovigyan aur Shiksha mein Mapan evam mulyankan.*' Agarwal Pub., Agra.
3. Bhargava M. (2010) '*Adhunik Manovaigyanic Mapan evam Parikshan.*' H.P. Bhargava Book house, Agra.
4. Ciminero, A.R. (Eds.) (1986) : '*Handbook of Behavioural Assessment*' -New York, John Wiley.
5. Cronback, L. J. (1970) '*Essentials of Psychological Testing*'. New York: Harper & Row.
6. Freeman, F.S. (1986) '*Theory and Practice of Psychological Testing*'. New Delhi: Oxford & IBH Publishing.
7. Guilford J.P. (1954), '*Psychometric Methods*'. New Delhi: Tata Mc Graw Publishing Co., Ltd.
8. Srivastava, D.N. (2010) '*Manovaigyanic Nirdharan*', Agarwal Pub. , Agra.

**M.A. (FINAL) PSYCHOLOGY**  
**IIIrd SEMESTER**  
**PSYM-C302**  
**Group 'A' (Compulsory)**  
**Paper II: Health Psychology**

**Unit I: Introduction:-**

- Health, Illness: Present and past
- Historical perspective of health psychology
- Approaches on health and illness
- Seeing a need of health psychology today

**Unit II: The body's physical system and related disorders:-**

- The cardiovascular system
- The immunity system
- The digestive and renal system

**Unit III: Stress effects and its management:-**

- Behaviour patterns and stress
- Consequences of stress
- The management of stress

**Unit IV: Reducing substance use and abuse:-**

- Substance, drug and alcohol abuse, smoking
- Effect on health of substance abuse
- Treating and preventing substance use, drug and alcohol abuse, smoking

**Unit V: Health related behavior and health promotion:-**

- Health and behaviour
- Determinants of health related behaviour
- Programmes for health promotion

**Books:**

1. Taylor, SE: Health Psychology (1995), Third Edn. McGraw Hill, New Delhi
2. Sarafino, EP: Health Psychology- Biopsychosocial Interaction (2002), 4<sup>th</sup> Edn. John Wiley & sons, Inc. New York
3. Banyard, P : Psychology in Practice – Health (2002), Hodder & Stoughton, London
4. Ogden, J: Health Psychology – A Textbook (2004), Third Edn. McGraw Hill, England

**M.A. (FINAL) PSYCHOLOGY  
IIIrd SEMESTER**

**PSYM-C303**

**Group 'A' (Compulsory)**

**Paper III: Practical**

**Instruction: Students have to conduct any four experiments or test out of ten.**

1. Vocational Interest Record
2. Differential Aptitude Test
3. Psychological Counselling Need Scale
4. Case study Technique/ Measure Physical fatigue
5. The Occupational Stress Index
6. Academic Anxiety Scale/ Test of Study Habits and Attitudes
7. Spiritual Intelligence 'Culture Fare'
8. Mental Health Battery
9. Teaching Aptitude Test
10. Long Employee Attitude Scale

**M.A. (FINAL) PSYCHOLOGY  
IIIrd SEMESTER**

**PSYM-O304**

**Group 'B' (Optional)**

**Paper IV: Psychopathology**

**Unit I:** Understanding psychopathology and its classification:-

- Meaning and types of psychopathology
- Terms and concepts used in descriptive psychopathology
- Diagnostic classification system – DSM-IV and ICD-10

**Unit II:** Descriptions of symptoms and sign – I:-

- Disturbances of emotion and mood
- Disturbances of perception – Perceptual distortion, deception and its types
- Disturbances of thought, delusion and its types
- Disturbances in thinking process

**Unit III:** Descriptions of symptoms and sign – II:-

- Disturbances of memory, consciousness, attention-concentration and insight
- Disturbances in self and body image
- Disturbances in motor function
- Depersonalization and derealization

**Unit IV:** Approaches to the psychopathology – I:-

- Biological approach-

- a) Early and Modern biological viewpoint
- Psychodynamic approach
  - a) Classical psychoanalytical theory
  - b) Newer psychodynamic perspective

**Unit V: Approaches to the psychopathology – II:-**

- Behaviouristic approach
- Cognitive approach
- Socio-cultural approach

**Books:**

1. Singh, AK : Advanced Abnormal Psychology (2011), Motilal Banarasidas, New Delhi
2. Gelder, M;Harrison,P and Cowen,P : Shorter Oxford Textbook of Psychiatry (2009), Oxford Univ. Press, N.Delhi
- 3.Taylor, MA and Vaidya, NA: Descriptive psychopathology – The sign and symptoms of behavioral disorders (2009), Cambridge University Press, New York.
4. Lamm, A: Introduction to psychopathology (1997), Sage, New York.

**M.A. (FINAL) PSYCHOLOGY**  
**IIIrd SEMESTER**  
**PSYM-O305**  
**Group ‘B’ (Optional)**  
**Paper V: Clinical Psychology**

**Unit I: Introduction:-**

- A brief history of clinical psychology including in India
- Scope and function of clinical psychology
- Problems and future of clinical psychology
- Training and role of clinical psychologists

**Unit II: Theoretical foundation and Professional issues:-**

- Important models of clinical psychology
  - a) Psychodynamic model, b) Behavioral model, c) Phenomenological model
  - d) Interpersonal model
- Professional regulation and ethics

**Unit III: Clinical Assessment:-**

- Meaning and nature, purposes of clinical assessment
- Clinical relationship
- Components and stages of clinical assessment
- Initial and follow-up assessment

**Unit IV: Diagnostic Techniques – I:-**

- Clinical interview, behavioral assessment, rating scale
- Case study, mental status examination, min mental status examination
- Intelligence test – Stanford Binet, WAIS – R, Interpretation of IQ score

**Unit V: Diagnostic Techniques – II:-**

- Personality testing
  - a) Self report techniques

- b) Projective techniques – RT, TAT, SCT.
- c) Neuropsychological testing – Application and categories of neurological assessment

**Books:**

1. Singh, AK : Advanced Clinical Psychology (2011), Motilal Banarasidas, New Delhi
2. Gelder, M; Harrison,P and Cowen,P: Shorter Oxford Textbook of Psychiatry (2009),Oxford Univ.Press, New Delhi
3. SNietzel, mT; Bernstein, DA and Milch, R: Introduction to Clinical Psychology (1994), Prentice-Hall Inc.
4. Cullari, S : Foundations of Clinical psychology (1998), Allyn & Bacon, Boston
5. Kaplan, HI and Sadock, BJ: Comprehensive Textbook of Psychiatry, Williams & Willkins, Baltimors.

**M.A. (FINAL) PSYCHOLOGY**

**IIIrd SEMESTER**

**PSYM-O304**

**Group 'C' (Optional)**

**Paper IV: Guidance and Counselling-I**

**Unit I: Introduction:-**

- Nature of Guidance and counseling, difference between Guidance and counselling
- Development of Counseling Psychology in India
- Scope of Counselling Psychology

**Unit II:**

- Goals and principles of Guidance
- Goals, objectives and functions of Counselling.

**Unit III: Counsellor**

- Role, responsibilities, and ethics
- Education and professional training of the counsellor

**Unit IV: Counselling process**

- Preparation, - establishing rapport
- Counselling relationship and skills-empathy- Trust, - Interview and case study

**Unit V: Techniques: Group Guidance –**

- Role play, Intellectual and non-intellectual,
- Socio-drama & psycho-drama.
- Career-conference
- School activity programmes
- sensitivity training

## Readings:

1. Belkin, G.S. (1988) *Introduction to Counselling*, W.G.: Brown Publishers
2. Crow, L.D. & Crow A. (1960) – *An Introduction to Guidance*-New Delhi: Eurasia Publicity House.
3. Jones A.J. (1970) – *Principles of Guidance*- Indian ed.Bombay: Tata McGraw Hill
4. Nelson,J. (1982)- *The Theory and practice of Counseling Psychology*. New York: Holt Rinehart & Winston.
5. Strange,R. (1947)– *Educational Guidance, its principles and practice*. New York: the McMillan Co.
6. Super D.E. (1949) – *Appraising Vocational fitness by means of Psychological Tests*, New York, Harper & Brothers.
7. Traxer, A.E.and North, R.D.(1957): *Techniques of Guidance*- New York, Harper & Row.
8. Rai A. & Asthana M. (2010) - *Modern Counselling Psychology*: Motilal Banarsidas
9. Windy, D. (1988) (Ed.) *Counselling in action*. New York's publication.

**M.A. (FINAL) PSYCHOLOGY**  
**IIIrd SEMESTER**  
**PSYM-O305**

**Group 'C' (Optional)**

**Paper V: Educational Psychology - I**

**Unit I: Introduction:-**

- Conceptual framework of educational psychology
- Scope & Functions of Educational Psychology.

**Unit II: Growth, Development and Individual Difference**

- Meaning and importance of physical growth and development and its educational significance.
- Meaning, types and causes of Individual Difference.
- Importance of the knowledge of Individual Differences.

**Unit III: Motivation and Transfer of Learning or Training:-**

- Motivation – Meaning & methods of motivation in the classroom situation.
- Transfer of training – Definition and types, How to achieve maximum positive transfer?

**Unit IV: Creativity and Study Habits:-**

- Concept of creativity.
- Identification and development of Creative Talent.
- Meaning and importance of good study habits in education.

**Unit V: Adjustment and Mental Health:-**

- Meaning of adjustment, role of teachers in the process of adjustment.

- Meaning and definition of Mental Health.
- Role of home/school and society in mental health.

**Readings:**

1. Crow & Crow: 'Educational Psychology '.
2. Gardner, Murphy: 'Introduction to Psychology'.
3. Jalota: 'Manovigyan Ki Bhumica'.
4. Best, John: 'Research In Education '.
5. Mangal,S.K.: 'Shiksha Manovigyan'.
6. Sharma, R.: 'Shiksha Manovigyan'.
7. Watson: 'Psychology of the Child.'
8. Young, Kimball: 'Handbook of Social Psychology'.

**JAGADGURU RAMBHDARACHARYA HANDICAPPED UNIVERSIITY,  
CHITRAKOOT, (U.P.)**

**Department of Psychology**

**Syllabus**

*For*

**M.A. (FINAL) PSYCHOLOGY**

**IV<sup>TH</sup> SEMESTER**

**Implemented from 2016 Onwards**

**Note:** For III<sup>rd</sup> and IV<sup>th</sup> semester group 'A' is compulsory for all students. They have to opt any one group from optional.

***Group 'A' (Compulsory)***

<b>Paper I: Theories and measurement of Personality</b>	<b>(PSYM-C401)</b>	<b>100</b>
<b>Paper II: Disability and Rehabilitation Psychology</b>	<b>(PSYM-C402)</b>	<b>100</b>
<b>Paper III: Project formulation/Planning or Dissertation</b>	<b>(PSYM-C403)</b>	<b>100</b>

**Group 'B' (Optional)**

<b>Paper IV: Introduction to Psychiatric Disorders</b>	<b>(PSYM-O404)</b>	<b>100</b>
<b>Paper V: Psychotherapy</b>	<b>(PSYM-O405)</b>	<b>100</b>

**Group 'C' (Optional)**

<b>Paper IV: Guidance and Counseling-II</b>	<b>(PSYM-O404)</b>	<b>100</b>
<b>Paper V: Educational Psychology-II</b>	<b>(PSYM-O405)</b>	<b>100</b>

**Note:** Students offering M.A. psychology must obtain 45% marks both in theory and practical separately to be declared successful.

**Question Pattern: Theoretical Paper**

**Allotted Time 02:30 Hours**

<b>Objective Type</b> (Including MCQ, Fill in the blank, True false and pair matching)	<b>-</b>	<b>06 questions</b>	<b>(06 × 02 = 12 marks)</b>
<b>Short Answer Type</b>	<b>-</b>	<b>4 questions (in about 250 words)</b>	<b>(04 × 12 = 48 marks)</b>
<b>Long Answer Type</b>	<b>-</b>	<b>2 questions (in about 500 words)</b>	<b>(02 × 20 = 40 marks)</b>

**M.A. (FINAL) PSYCHOLOGY**

**IVth SEMESTER**

**PSYM-C401**

**Group 'A' (Compulsory)**

**Paper I: Theories and Measurement of Personality**

**Unit I:** Concept of Personality:-

- Indian and Western Conceptualization.
- Scope/Approaches to the study of Personality.

**Unit II:** Healthy Personality:

- Concept and Characteristics.
- Comparison with sick Personality.

**Unit III:** Theories of Personality: Western and Dispositional Approaches:

- Western Approaches – Freud ('Classical Psychoanalysis'), Jung ('Analytical Psychology')
- Horney ('Interpersonal Psychoanalysis').
- Dispositional Approaches – Allport ('Personological Trait Theory'), Murray ('Need Theory').

**Unit IV:** Theories of Personality: Behaviourist and Humanistic Approaches:

- Bandura ('Cognitive Social Learning Theory').
- Rogers ('Person Centered Theory')
- Maslow ('Hierarchy of Needs').

**Unit V:** Measurement of Personality:

- Projective Techniques – Meaning, characteristics and importance. 'TAT' and 'Rorschach Inkblot Test'. Difference between Projective and Non Projective Techniques.
- Personality Inventories – M.M.P.I. and 16 P.F.
- Behavioural Methods: Interview, Semantic Differential Technique, Case Study, Anecdotal Records.

**READINGS –**

1. Biscoff, L. J. (1970), *Interpreting personality theories*. New York: Harper & Row.
2. Cloninger C. Susan (2000), *Theories of Personality* 3<sup>rd</sup> Ed. Understanding Persons: Prentice Hall.
3. Hall, C.S. & Lindzey, G. (1978), *Theories of Personality*, 3<sup>rd</sup> Ed. New York: J. Wiley & Sons.
4. Hjelle, L.A. & Zeigler, D.J. (1991), *Personality Theories: Basic Assumptions, research and applications*. 2nd Ed. International Student Ed. Mc Graw Hill, International Book Co.
5. Pervin, L.A. (1975), *Personality: Theory, assessment and research*. 2<sup>n</sup> Ed. New York: Wiley International Ed.
6. Singh A.K., *Personality*, Motilal Banarasidas, Patna.

**M.A. (FINAL) PSYCHOLOGY**

**IVth SEMESTER**

**PSYM-C402**

**Group 'A' (Compulsory)**

**Paper II: Disability and Rehabilitation Psychology**

**Unit I: Introduction and Developmental issue on disability:-**

- Concept of impairment, disability, handicap, rehabilitation and integration
- Definitions of MR, CP, autism, learning disability, hearing and, visual impairment, orthopedically disabled, multiple disability
- Incidence, prevalence and causes of various disabilities
- Medical and social model of disability

**Unit II: Disability assessment and Rehabilitation psychology:-**

- Basic principles and types of assessment – formal & functional
- Early identification and functional assessment of children with disability
- Services provided by rehabilitation psychologists
- Meaning and areas of rehabilitation psychology

**Unit III: Prevention and Rehabilitation:-**

- Prevention related measures – immunization, genetic counseling and nutrition
- Goal, approaches and challenges to rehabilitation
- Types of rehabilitation – physical, medical, emotional, social, education, vocational, economical and environmental
- Specialists need in disability rehabilitation
- Agencies involved in the area of rehabilitation

**Unit IV: Community based rehabilitation:-**

- Need and models of CBR- medical, educational, vocational, SHG
- Components of ideal CBR programme
- Role of parents, doctors, ICDS workers, women's group, teacher

**Unit V: Schemes and Policies:-**

- Govt. schemes for disabilities
- Introduction and rights for disabled in different Acts in India – PWD Act 1995, Mental health act 1987, National trust act 1999, RCI Act 1992

**Books:**

1. Training manual on disability management and mainstreaming of persons with disability for university and management institution – RCI, New Delhi.
2. Robertson, SE & Brown, RI (1992): Rehabilitation counseling – Approaches in the field of disability, Chapman & Hall, London.
3. Singh, JP & Dash, MK (2005): Disability development in India, RCI, New Delhi
4. Dhawan, S (2011): Handbook of Disability and Rehabilitation, Arise publishers and Distributors, New Delhi
5. महेश भार्गव (2003): विशिष्ट बालक, शिक्षा व पुनर्वास, भार्गव बूक हाउस, आगरा

**M.A. (FINAL) PSYCHOLOGY**

**IVth SEMESTER**

**PSYM-C403**

**Group 'A' (Compulsory)**

**Paper III: Project Formulation/Planning or Dissertation**

**Instruction:** Students may opt either Project formulation or Dissertation. Project Formulation or dissertation will be of 100 marks, in which Thesis or Written Work will be of 50 Marks and its evaluation will be done by Supervisor or Guide. And Viva will be of 50 marks and its evaluation will be done by External Examiner.

*Project Formulation or Project Planning or Dissertation*

*Marks Division*

<i>Thesis/Written</i>	<i>Viva</i>	<i>Total</i>
50 Marks (Internal Supervisor Or Guide)	50 Marks (External Examiner)	100 Marks

**M.A. (FINAL) PSYCHOLOGY**

**IVth SEMESTER**

**PSYM-C404**

**Group 'B' (Optional)**

**Paper IV: Introduction to Psychiatric Disorders**

**Unit I: Anxiety disorders:-**

- Generalized anxiety disorder
- Obsessive-compulsive disorder
- Phobia and its types
- Dissociative and conversion disorder

**Unit II: Psychotic disorders:-**

- Mood (affective) disorders
- Schizophrenia
- Delusional disorder
- Substance induced psychotic disorder

**Unit III: Personality disorders:-**

- The concept of abnormal personality
- Classification of personality disorders –
  - a) Cluster A
  - b) Cluster B
  - c) Cluster C

**Unit IV: Eating and behaviour disorder:-**

- Anorexia and bulimia nervosa
- Binge eating disorder and obesity
- Deliberate self-harm and suicide
- Pica

**Unit V: Childhood and adolescent disorders:-**

- Specific developmental disorders – Learning and communication disorder
- Childhood autism and Mental retardation
- Conduct disorders
- Common problems of adolescence

**Books:**

1. Singh, AK : Advanced Abnormal Psychology (2011), Motilal Banarasidas, New Delhi
2. Gelder, M; Harrison, P & Cowen, P : Shorter Oxford Textbook of Psychiatry (2009), Oxford Univ. Press, N.Delhi
3. Kaplan, HI; Saddock, BJ & Gribb, JA : Synopsis of psychiatry (1994), B.I. Waruly, New Delhi
4. Lamm, A: Introduction to psychopathology (1997), Sage, New York.
5. 5.Carson, RC; Butcher, JN & Mineka, S: Abnormal psychology in modern life (2001),11<sup>th</sup> edn, Allyn & Bacon, New York.

**M.A. (FINAL) PSYCHOLOGY**  
**IVth SEMESTER**  
**PSYM-O405**  
**Group 'B' (Optional)**  
**Paper V: Psychotherapy**

**Unit I: Psychological Treatment – I:-**

- Psychotherapy – Meaning and goals
- Classification of psychological treatments
- Common factors in psychotherapy
- Ethical problems in psychological treatment

**Unit II: Psychological Treatment – II:-**

- Counselling – Approaches and specific purposes
- Supporting and Interpersonal psychotherapy
- Cognitive behaviour therapy – Beck's cognitive therapy, Lazarus multi model therapy, Methods of cognitive restructuring.

**Unit III: Psychological Treatment – III: - Behavioural techniques –**

- Relaxation training and Systematic desensitization
- Exposure with response prevention
- Social skills training

- Contingency management
- Biofeedback method

**Unit IV: Psychological Treatment – IV: - Treatment in groups and other treatments**

- Group therapy – Curative factors and process, Advantage and limitations
- Family therapy – Meaning, goals, indication and problems, Marital therapy
- Meditation

**Unit V: Psychological Treatment-V:-Psychodynamic therapy**

- Freudian psychoanalytic therapy
- Adler’s individual therapy
- Jung’s Analytical therapy
- Brief Psychotherapy

**Books:**

1. Singh, AK : Advanced Clinical Psychology (2011), Motilal Banarasisdas, New Delhi
2. Gelder, M; Harrison, P and Cowen, P : Shorter Oxford Textbook of Psychiatry (2009), Oxford Univ. Press, New Delhi
3. S.Nietzel, mT; Bernstein, DA and Milch, R: Introduction to Clinical Psychology (1994), Prentice-Hall Inc.
4. Cullari, S : Foundations of Clinical psychology (1998), Allyn & Bacon, Boston
5. Kaplan, HI and Sadock, BJ: Comprehensive Textbook of Psychiatry, Williams & Willkins, Baltimors.

**M.A. (FINAL) PSYCHOLOGY  
IVth SEMESTER  
PSYM-O404  
Group ‘C’ (Optional)**

**Paper IV: Guidance and Counseling - II**

**Unit I: Approaches to counseling:-**

- Directive and non-directive
- Humanistic and Existential
- Behaviouristic
- Gestalt
- Transactional Analysis
- Eclectic.

**Unit II: Areas of counseling:-**

- Educational: school orientation and academic adjustment
- Vocational: knowing one’s potential and the world of occupations

**Unit III:**

- Guidance for recreation
- Marital and family adjustment,
- Personal adjustment and growth of self

**Unit IV: Appraisal of counseling: psychological tests**

- Intelligence

- Aptitude
- Personality
- Interests

**Unit V: Organization of a Guidance programme**

- Placement
- follow -up
- Evaluation

**Readings:**

1. Belkin, G.S. (1988) *Introduction to Counselling*, W.G.: Brown Publishers
2. Crow, L.D. & Crow A. (1960) – *An Introduction to Guidance*-New Delhi: Eurasia Publicity House.
3. Jones A.J. (1970) – *Principles of Guidance*- Indian ed.Bombay: Tata McGraw Hill
4. Nelson,J. (1982)- *The Theory and practice of Counseling Psychology*. New York: Holt Rinehart & Winston.
5. Strange,R. (1947)– *Educational Guidance, its principles and practice*. New York: the McMillan Co.
6. Super D.E. (1949) – *Appraising Vocational fitness by means of Psychological Tests*, New York, Harper & Brothers.
7. Traxer, A.E.and North, R.D.(1957): *Techniques of Guidance*- New York, Harper & Row.
8. Rai A. & Asthana M. (2010) - *Modern Counselling Psychology*: Motilal Banarsidas
9. Windy, D. (1988) (Ed.) *Counselling in action*. New York's publication.

**M.A. (FINAL) PSYCHOLOGY**

**IVth SEMESTER**

**PSYM-O405**

**Group 'C' (Optional)**

**Paper V: Educational Psychology-II**

**Unit I: Assessment of academic attainments:-**

- Achievement Tests- Types of educational achievement tests.

**Unit II: Social psychology of Education**

- Class-room climate Individual differences.
- Institutional climate
- Teacher-pupil interaction

**Unit III: Teacher effectiveness:-**

- Characteristics,
- Adjustment
- Mental health.

**Unit IV:** Adjustment problem of students:-

- Delinquency
- Truancy
- Learning disabilities and remedial measures

**Unit V:** Meaning, Identification and Education of exceptional children:-

- gifted,
- Backward
- Mentally Retarded
- Disabled or differently abled.

**Readings:**

1. Crow & Crow: 'Educational Psychology '.
2. Gardner, Murphy: 'Introduction to Psychology'.
3. Jalota: 'Manovigyan Ki Bhumica'.
4. Best, John: 'Research In Education '.
5. Sharma, R.: 'Shiksha Manovigyan'.
6. Watson: 'Psychology of the Child.'
7. Young, Kimball: 'Handbook of Social Psychology'.